

# Sampling and culturing of flexible endoscopes:

# Stage two – the culturing process

Microbiological sampling and culturing is a multi-step surveillance testing technique. Stage one, the sampling process, involves sampling endoscope channels and critical areas of the endoscope. Stage two, the culturing process, evaluates collected samples to detect any contamination still present after reprocessing.<sup>1</sup>

## Stage one: the sampling process<sup>2,3</sup>

## Stage two: the culturing process<sup>2,3</sup>



#### **Preparation**

First stage is hanging of the endoscope or lying on a sterile drape



# Delivery to laboratory

Samples are transported as fast as possible so culturing can start within 24 hours from sampling



# Culturing + documentation

Culturing process including colony count, identification of microorganisms and documentation



### **Channel sampling**

The specific channel(s) sampled, as well as the number of channels sampled depends on local practice<sup>1</sup>



#### Sample collection

Samples are either collected separately by channel or pooled together as one collection



# Evaluating culturing results

Evaluation of culturing results and decision on further actions

# Culturing essentials<sup>2,3</sup>



Samples must not be older than 24hrs



### Validation of culture methods

according to national guidelines and laws, e.g., EN ISO 11737-1



Only use certified laboratories



#### The remaining sample volume

can be used as enrichment culture

Further information can be found:

Tips, Tricks and Insights for Endoscope Sampling and Culturing US Endoscopy Study: Sampling, Culturing, and Evaluating Correctly





Tips, Tricks and Insights for Implem of an Endoscope Samplin,
Author: No Oym

Introduction

Ownering and continuing of finalise endoscopes involves differently as substanting to distribute and improve of the conformation that may be present on the continuation and the continuation of t

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Understanding the Differences in Sampling and Culturing of Flexible Endoscopes: Why we Need a Unified Approach

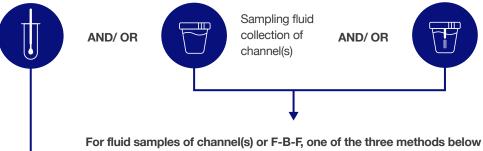
### **Culturing process**



As national guidelines and laws on hygiene and infection control vary, certain stages of the culturing process may differ. However, regardless of the approach taken, further processing of samples within the laboratory is required. 1-3

### 1. Sample collection at lab arrival2,3

Sample collection of distal end and/or critical areas



Sampling fluid collection of channel(s)

AND/OR



Sampling fluid collection including brush head with flush-brush-flush (F-B-F) method

### 2. Sample processing<sup>2,3</sup>

Swabs of the distal end must be wiped directly onto an agar\* plate



Filtration\*\* takes place and the filter is placed directly onto an agar plate



are used. Which is chosen depends upon national guidelines, however

Direct inoculation, placing a defined sample volume onto an agar plate



Centrifugation\*\* takes place before sample pellet is resuspend in a defined volume and then placed onto an agar plate

3. Incubation of agar plate<sup>2,3</sup>



Depending on agar plate and national guidelines and laws one of the following:

- 35° for 72hrs
- 35° for 48 hrs up to 5 days
- 30° up to 5 days
  28° for 48hrs up to 5 days
- 35-27° for 72 hrs

4. Colony count 2,3



Number of grown microorgranisms / presence or absence of microorganisms

5. Identification of microorganisms<sup>2,3</sup>



Example techniques are:

- Selective agar plates
- DNA-based approaches
- MADLI-TOF mass spectrometry

6. Documentation at laboratory<sup>2,3</sup>



Report of culturing result(s)

7. Evaluation at healthcare provider<sup>2,3</sup>



Evaluation of culturing results and decision on further action needed

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1.Olympus. Understanding the Differences in Sampling and Culturing of Flexible Endoscopes: Why we Need a Unified Approach. Available online at https://infectionprevention.olympus.com/en-us/scientific-evidence/publications/understanding-differences-sampling-culturing. Accessed March 2023; 2. Olympus. Tips, Tricks and Insights for Endoscope Sampling and Culturing. Available online at: https://infectionprevention.olympus.com/en-us/scientific-evidence/publications/sampling-and-culturing. Accessed March 2023; 3. Olympus. US Endoscopy Study: Sampling, Culturing, and Evaluating Correctly. Available online at: https://infectionprevention.olympus.com/en-us/scientific-evidence/publications/endoscopes-sampling-culturing. Accessed March 2023

<sup>\*</sup>Examples of agar plates: blood, R2A, PCA, TSA and MacConkey
\*\*For sample containers containing a cut bush, prior to centrifugation or filtration samples must be vortexed for 30-minutes followed by aseptic removal of the brush head.